

COUPLE REFLECTION & LIFE INVENTORY



Take some time to think about what you really desire out of life. Think about it, write it down, then act. It doesn't have to be grand, it just has to be consciously and intentionally chosen. But choose well, believing nothing is impossible with God.

Think about yourself at 80 years old. Think about your family. What do you see?

What will you have done now that you'll be proud of then?

How are you praying to see the world change between now and then?

What do you want to be able to say of your life and the way you lived it between now and then?

How are you acting on those desires now? (If you're not, what's stopping you?)

What next small step could you take to begin engaging the life you just envisioned?

Who are the most important people in your life?

How are you showing them that?

How could you better show them this year?



BRAVE MARRIAGE

Brave Marriage exists to educate, encourage, and equip couples to grow as individuals, do marriage with intention, and live mutually empowered, purposeful lives.

If these questions have been helpful to you, would you consider sharing the podcast and worksheets with your friends and family? I consider this part of my business a ministry to couples, and would love your help in sharing this teaching with others.

To work with me at the next level,
please visit bravemarriage.com.