

LIVING MUTUALLY EMPOWERED PURPOSEFUL LIVES

The healthiest marriages are those which achieve differentiated unity, as discussed in episode #004. Listen to that episode together, then answer the following questions:

What individual differences do you and your spouse struggle with?

What's good about those differences?

What do you have a hard time trusting each other with, at this point in your marriage?

How would you like to see your spouse celebrate and love you for who you are?

How would your spouse like to be seen, acknowledged, and celebrated by your partner?

Do you ever feel fearful of losing your individuality? If so, what might need to change?

Do you ever feel protective of maintaining your individuality? If so, what might need to change?

Per episode #004, what do you think about the distinction between selfish, selfless, and unselfish love?

Who in your life has demonstrated sacrificial love as couple, leading to mutual empowerment?

What could this look like in your marriage?

How do you hope to demonstrate differentiated unity through your marriage?

What plans do you see God unfolding in your life? In your spouse's life?

What bigger purpose unites you a couple?

Once you've answered these questions together, write out a purpose/mission statement for your marriage:



BRAVE MARRIAGE

Brave Marriage exists to educate, encourage, and equip couples to grow as individuals, do marriage with intention, and live mutually empowered, purposeful lives.

If these questions have been helpful to you, would you consider sharing the podcast and worksheets with your friends and family? I consider this part of my business a ministry to couples, and would love your help in sharing this teaching with others.

To work with me at the next level,
please visit bravemarriage.com.