

CHRISTMAS WITH INTENTION



Wouldn't it be nice to be on the same page this holiday season? Together, sit down and brainstorm what you want this season to look like as a family. Then, create a plan to make it happen (while planning for obstacles that may inevitably arise)!

MAKE A BUCKET LIST

What do we want this holiday season to look like, activity-wise and busyness-wise? Be sure to brainstorm TOGETHER, taking each person's wishes into account.

MAKE A PLAN (A)

How do we want to spend this holiday?

Where will we spend it, and for how long?

What's our budget?

How much time do we want to spend together v. with our own children v. with our respective families?

Why? What's our reasoning?

What's important to each of us in the way we communicate this to our respective families?

Who will communicate this, and what will we say if we get pushback?

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It's important to communicate plans early and often, so that in-laws and extended family know what to expect. There may be pushback or even manipulation of your well-wrought plans...but now that you know that, you can plan accordingly.

MAKE A PLAN (B)

Just in case plan (A) goes awry, write down 3 scenarios using the following formula:

"If (fill-in-the-blank) happens, then together, we will (fill-in-the-blank)."

1)

2)

3)

NOW TOGETHER, MAKE MEANINGFUL MEMORIES!

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BRAVE MARRIAGE

Brave Marriage exists to educate, encourage, and equip couples to grow as individuals, do marriage with intention, and live mutually empowered, purposeful lives.

If these questions have been helpful to you, would you consider sharing the podcast and worksheets with your friends and family? I consider this part of my business a ministry to couples, and would love your help in sharing this teaching with others.

To work with me at the next level,
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